

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1 style="color: #0070C0;">June 2017</h1> <h2 style="color: #0070C0;">“The Great Outdoors”</h2> <p>(Please see reverse side for details)</p>						
				1 9:00 Senior Aquatic Exercise 10:00 Open Swim 12:30-1:30 Gym Time w/Brenda <u>2:30 SRL Bell Ringers (Theatre)*</u> 6:30 Card & Game Night (Players' Lounge) <u>6:30 Family Night (Theatre)*</u>	2 8:00 Walking Club <u>9:00 Prepare Strawberries for GSH (Hobby Hut)</u> <u>1:30 Goods, Joy Book Club, Dutchway (Schaefferstown)</u>	3 <u>9:00-11:00 Billiards/Pool Club</u> 6:30 Saturday Night Movie (Cinema)
4 Transportation available for Myerstown Churches <u>2:00 Zion United Methodist Orchestra (Theatre)*</u> 4:30 Vespers	5 8:00 Walking Club 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit <u>11:00 Golf Putting Challenge (Putting Green-Courtyard)</u> 1:30 Bingo (Theatre)	6 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Senior Aquatic Exercise 10:00 Open Swim 11:00 Yoga Stretch Classes (Wellness Ctr) <u>1:00 Bible Study (Players' Lounge)</u> 12:30 – 1:30 Gym Time w/Brenda <u>2:30 Crafts (Hobby Hut)</u> 6:30 Prayer	7 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit <u>10:30 Exec. Com. Mtg (Players' Lounge)</u> 11:00 Water Walking (Pool) <u>1:00 Golf Chipping Competition (Front Lawn)</u> 1:30 Yarn Unlimited Club (Hobby Hut) <u>2:00 Expediting Committee (Players' Lounge)</u> <u>6:30 Entertainment: Joe Soltysik Trio Band (Theatre)*</u>	8 9:00 Senior Aquatic Exercise 10:00 Open Swim 12:30-1:30 Gym Time w/Brenda <u>1:00-3:00 Game Day & Garden Party (Front Lawn & Courtyard)</u> 6:30 Card & Game Night (Players' Lounge)	9 8:00 Walking Club <u>1:00 Trip to Heisler's Mini Golf & Ice Cream (Tamaqua)</u>	10 <u>9:00-11:00 Billiards/Pool Club</u> <u>2:30 Creative Haven (Players' Lounge)</u> 6:30 Saturday Night Movie (Cinema)
11 Transportation available for Myerstown Churches 4:30 Vespers	12 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit <u>10:30 Library Mtg</u> <u>11:00 Sharing Circle- (Player's Lounge)*</u> 1:30 Bingo (Theatre) <u>6:30 Entertainment: Mike Hertzog Trio (Theatre)*</u>	13 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Senior Aquatic Exercise 10:00 Open Swim 11:00 Yoga Stretch Classes (Wellness Ctr) <u>1:00 Bible Study (Players' Lounge)</u> <u>1:30 Food Comm. Meeting</u> 12:30 – 1:30 Gym Time w/Brenda <u>2:00 “The Great Outdoors” (Theatre)</u> 6:30 Prayer	14 <u>7:30-9:30 Breakfast Buffet in Vistas. \$4-Resident, \$5 Guest</u> 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:00 Water Walking (Pool) 1:30 Yarn Unlimited Club (Hobby Hut) <u>2:15 Movie Matinee (Theatre) “42”*</u>	15 9:00 Senior Aquatic Exercise 10:00 Open Swim <u>10:00 Departure: Bird-In-Hand “Mennonite Girls Can Cook”</u> 12:30-1:30 Gym Time w/Brenda 6:30 Card & Game Night (Players' Lounge)	16 8:00 Walking Club <u>1:00 Walmart OR Lebanon Plaza (Kohls, Dollar Tree, etc.)</u>	17 <u>9:00-11:00 Billiards/Pool Club</u> 6:30 Saturday Night Movie (Cinema)
18 Father's Day Transportation available for Myerstown Churches 4:30 Vespers	19 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 1:30 Bingo (Theatre) <u>6:00 Alzheimer's Caregivers Support Grp (Player's Lounge)</u>	20 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Senior Aquatic Exercise 10:00 Open Swim 11:00 Yoga Stretch Classes (Wellness Ctr) <u>1:00 Bible Study (Player's Lounge)</u> 12:30 – 1:30 Gym Time w/Brenda <u>2:30 Wellness Talk (Theatre)*</u> 6:30 Prayer	21 8:00 Walking Club <u>8:30 Breakfast @ Wyomissing Family Restaurant (on your own)</u> 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit <u>1:00 Veteran's Meeting – Military Jeopardy*</u> <u>2:30-3:30 Blood Pressure (Clinic Room)*</u> <u>4:30 Birthday Dinner (Music-Bonnie Koons)</u>	22 9:00 Senior Aquatic Exercise 10:00 Open Swim 12:30-1:30 Gym Time w/Brenda <u>2:00 Bean Bag Baseball</u> 6:30 Card & Game Night (Players' Lounge) <u>6:30 Entertainment: Glenn Miller-One Man Band (Theatre)*</u>	23 8:00 Walking Club <u>10:00 Trip to Knoebels Amusement Park (60 Vendor Summer Craft Fair)</u>	24 <u>9:00-11:00 Billiards/Pool Club</u> <u>2:30 Creative Haven (Players' Lounge)</u> 6:30 Saturday Night Movie (Cinema)
25 Transportation available for Myerstown Churches 4:30 Vespers	26 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 1:30 Bingo (Theatre) <u>6:30 Summer Concert Series- Keystone Band of Rehrersburg (Theatre)*</u>	27 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Senior Aquatic Exercise 10:00 Open Swim 11:00 Yoga Stretch Classes (Wellness Ctr) <u>1:00 Bible Study (Players' Lounge)</u> 12:30 – 1:30 Gym Time w/Brenda 6:30 Prayer	28 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:00 Water Walking (Pool) 1:30 Yarn Unlimited Club (Hobby Hut) <u>2:00 Retired Nurses Gathering (Players' Lounge)</u> <u>7:00 Entertainment: Emma & Effie (Theatre)*</u>	29 9:00 Senior Aquatic Exercise <u>9:00 Shopping: Kitchen Kettle</u> 10:00 Open Swim 12:30-1:30 Gym Time w/Brenda <u>5:00-7:00 Meier Room (Reservations Only)</u> 6:30 Card & Game Night (Players' Lounge)	30 8:00 Walking Club <u>1:30 Book Review: “Hidden Figures” (Hobby Hut)</u> <u>5:00-7:00 Meier Room (Reservations Only)</u>	

JUNE 2017 DETAILS Independent Living - Poplar Run

ENTERTAINMENT:

6/1 2:30 SRL Bell Ringers	6/7 6:30 Joe Soltysik Trio	6/12 6:30 Mike Hertzog Trio
6/22 6:30 Glenn Miller	6/26 6:30 Keystone Band of Rehrersburg	6/28 7:00 Emma & Effie

SHOPPING:

6/2 1:30 Goods Store, Joy Bookstore or Dutchway (Schaefferstown)	6/16 1:00 Walmart OR Lebanon Plaza (Kohls, TJ Max, \$ Tree)	6/29 9:00 Kitchen Kettle
7/7 8:45 Lehigh Valley Mall	7/21 1:00 Walmart OR Lebanon Plaza (Kohls, TJ Max, \$ Tree)	

- 6/1 **SRL Bell Ringers 2:30 (Theatre)** –In honor of Memorial Day, the SRL PC Bell Choir will perform patriot songs. Feel the pride!
- 6/1 **Family Night 6:30 (Theatre)** – Join us as the StoneRidge Staff informs you about programs and services, which you may not be aware of. Make sure you are getting all of the benefits from Medicare that you deserve. Get questions answered, enjoy appetizers and desserts and meet some of the new staff. Residents and families from all levels of care are encouraged to attend.
- 6/2 **Prepare Strawberries for GSH Street Fair 9:00 (Hobby Hut)** - Join us in washing, slicing, and dicing strawberries for the Good Samaritan Hospital Street Fair. Please bring a bowl and a paring knife. Volunteers are greatly needed. Sign-up at x3200.
- 6/2 **Goods, Joy Book Store or Dutchway & Smith's Candies 1:30** – A local favorite trip. Sign-up x3200.
- 6/4 **Zion United Methodist Orchestra 2:00 (Theatre)** – Come to hear this concert/symphonic orchestra that plays sacred band music. The members various churches will entertain you with an assortment of music. From what I hear there is a trombone player, a pianist/tuba player and a saxophone player that are really awesome!
- 6/5 **Golf Putting Challenge 11:00 (Putting Green-Courtyard)** – Participate in a putting competition. Bring your club! Prizes awarded.
- 6/6 **Crafts 2:30 (Hobby Hut)** – Help make crafts for next month's themed events.
- 6/7 **Golf Chipping Competition 1:00 (Front Yard-weather permitting)** – Join us in a friendly chipping challenge. Bring your club!
- 6/7 **Joe Soltysik Trio Band 6:30 (Theatre)** – The trio plays an assortment of 50s to 80s, Swing, Gospel, Sing-A-Longs and Blues.
- 6/8 **Game Day & Garden Party 1:00 – 3:00 (Front Yard & Courtyard)** – Play lawn games or just sit under the shade tree and watch the competition. Afterward, sit in the courtyard for a relaxing garden party as you mingle with your neighbors and future prospects.
- 6/9 **Heisler's Mini Golf & Ice Cream 1:00 (Tamaqua)** - Enjoy a scenic ride in the country and then sample one of the 40 flavors of homemade ice cream, eat a sundae, visit the gift shop and/or play a round of miniature golf. Transportation \$2. Sign-up x3200.
- 6/10 & 6/24 **Creative Haven 2:30 (Players' Lounge)** – “Color Me Calm”. Join us in the Player's Lounge for this relaxation technique.
- 6/12 **Sharing Circle 11:00 (Players' Lounge)** – Join the discussion on how we can use personal restrictions in our lives, to protect our personal space and time. All are welcome.
- 6/12 **Mike Hertzog Trio 6:30 (Theatre)** – Upright bass, fiddle and banjo that performs blue grass, gospel and country music.
- 6/13 **“The Great Outdoors” 2:00 (Theatre)** – We'd like to salute the men of StoneRidge by re-creating things that men and women love to do that relate to the outdoors. Maybe it's hunting local bear, bow & arrow practice, fishing, camping, etc.
- 6/14 **Movie Matinee 2:15 (Theatre)** – “42” Rated-PG-13, Biography/Drama. Jackie Robinson, a black man, and his journey to becoming a player on the Major league Brooklyn Dodgers during a racial time. In a game divided by color, he made us see greatness.
- 6/19 **Alzheimer's Caregivers Support Group 6:00 (Players' Lounge)** –Jan Reisinger, Education and Outreach Coordinator, Alzheimer's Association. Topic: Effective communication strategies of the dementia journey.
- 6/20 **Wellness Talk 2:30 (Theatre)** – “Preventing Melanoma” Southeastern Home Health will present a lecture on how we can prevent one of the fastest growing cancers with some simple preventative steps.
- 6/21 **Breakfast @ Wyomissing Family Restaurant 8:30 Departure** - \$ on your own. Sign-up at x3200.
- 6/21 **Veteran's Meeting 1:00 (Theatre)** – Get your thinking hats on! Gary Hutchinson will host “Military Jeopardy”. All are welcomed.
- 6/22 **Glenn Miller-The BIG One Man Band 6:30 (Theatre)** – Entertainer, comedian and musician with all styles of big band music. Join us!
- 6/23 **Knoebels Amusement Park (Summer Craft Fair) 10:00 Departure** – What is your pleasure: Riding the antique cars, motor boats, a train ride, bumper cars, the carousel, or go on the scenic skyway. You might want to catch a show or two, eat funnel cake and caramel corn or sit and watch the people. Park is FREE, Book of tickets (Value \$20) with Veterans ID. \$2.00 Transportation. Sign-up x3200.
- 6/26 **Keystone Band of Rehrersburg 6:30 (Theatre)** – The start of the “Summer Concert Series”. Musicians committed to providing musical service and education to our local communities. Originating in 1888, the band is one of the oldest concert bands in the nation.
- 6/28 **Emma & Effie 7:00 (Theatre)** – Two iconic little, old PA Dutch ladies who tell it like it was and maybe always will be. The subject is “The Great Outdoors”. They are quirky, funny, and they will make you laugh until the tears run down your legs...get it?
- 6/29 **Shopping @ Kitchen Kettle with 9:00 Departure** – Approximately 30 shops & restaurants. \$2 Transportation. Sign-up x3200.
- 6/30 **Book Club 1:30 (Hobby Hut)** – “Hidden Figures” by Margot Lee Shetterly . As the US raced against Russia to put a man in space, NASA found talent in a group of African-American female mathematicians that served as the brains behind one of the greatest operations in US history. See Dan Nace x3378 for a copy of the book.
- 7/20 Pennsylvania State Capitol 9:15 Departure; (Harrisburg)** – A guided tour of the capitol. Lunch on the way home. See where laws are passed and policy is set for 12 million+ residents of PA. Items will be x-rayed and subject to hand inspection. \$2 Transp. Sign-up x3200.
- 8/17 “Jonah” 1:15 Departure (Sight & Sound Theatre)** - After a series of wild adventures involving a seaport, a huge boat and a terrible storm, Jonah finds himself in the belly of a giant fish. It is here that God teaches Jonah how to receive grace and extend mercy. Live animals on the stage and in the aisles. This is not your average fish tale! \$51.30 + \$2 Transp. Dinner on the way home. Sign-up x3200.
- 8/31 Pioneer Coal Mine & Steam Train Trip 9:30 Departure (Ashland)** – The other land down under. Tour an underground horizontal mine in a rail car (35 min-bring a sweater) and ride a steam train (30 min). >10= \$17.10 + \$2 Transp. Lunch on the way home. Sign-up x3200.